Save the Dates

Visionary Luncheon & Auction
May 3, 2019
Rancho Bernardo Inn

Rides4ALZ
July 21, 2019
Across San Diego County

Date With A Cure
August 24, 2019
Irwin M. Jacobs Qualcomm Hall

walk4ALZ
October 19, 2019
Balboa Park

For more information about these events, please contact Michelle Van Hoff, Development Director, at 858.966.3300 or mvanhoff@alzsd.org.
Life does not end with an Alzheimer’s diagnosis.

This small seed of hope is what we try to instill in every single person who comes through our doors. If you think we sound a bit like Pollyanna, forgive us – we know how this disease ends, and are painfully aware there is still no effective treatment or cure. But we passionately believe people can live well with dementia, and that with proper planning and care, each remaining day can be a good one.

We call this hope a seed, because it is just the beginning. That seed grows and flourishes as families get the support and knowledge they need to become loving care partners. It gets stronger each time someone can live in the moment, and that can be enough, even if they can’t remember it tomorrow. It’s hope that fuels each scientific breakthrough getting us closer to THE breakthrough, and it’s hope that makes us believe a future free from Alzheimer’s is possible within our lifetimes.

As you read through this report, it is our hope you’ll see how you changed the lives of thousands of San Diegans in 2018. Because of you, the road ahead for them, while not easy, is better and brighter.
MORE THAN 25,000 PEOPLE SERVED

1,863 people with dementia & their care partners at our SOCIAL ACTIVITIES & OUTINGS

$150 MEMORY SCREENINGS

www.alzsd.org

2018 Growth & Impact

6,211 ONE-ON-ONE sessions with a dementia expert

7,388 HOURS OF RESPITE FOR FAMILY CAREGIVERS

4,783 people attended 167 EDUCATION CLASSES & WORKSHOPS

1,594 people at 36 PROFESSIONAL TRAININGS, including 400 first responders

$0 COST: ALL OF OUR PROGRAMS ARE FREE OF CHARGE

450 PEOPLE at the annual Date With A Cure RESEARCH FORUM

13,412 volunteer hours, valued at $281,762

“KEEP UP THE GOOD WORK. YOUR HELP HAS BEEN INVALUABLE.”

“KEEP TIME: ALL OF OUR PROGRAMS ARE FREE OF CHARGE

1,863 people with dementia & their care partners at our

SOCIAL ACTIVITIES & OUTINGS

6,429 PEOPLE FOUND COMFORT at 765 support & discussion group meetings

1,594 people at 36 PROFESSIONAL TRAININGS, including 400 first responders

97% OF CLASS ATTENDEES REPORT LEARNING SOMETHING NEW

167 EDUCATION CLASSES & WORKSHOPS

100% would recommend ALZ Companions respite program

4,783 people attended 167 EDUCATION CLASSES & WORKSHOPS

“SO THANKFUL for the services you provide. It’s very difficult to see a loved one go through this, but you have allowed us to have some PEACE AND KNOWLEDGE as to what to expect.”

6,211 ONE-ON-ONE sessions with a dementia expert

99% OF CLIENTS FEEL LESS ALONE after attending a support & discussion group

“SO THANKFUL for the services you provide. It’s very difficult to see a loved one go through this, but you have allowed us to have some PEACE AND KNOWLEDGE as to what to expect.”

Expanded education classes offered in SPANISH ¡hola!

6,429 PEOPLE FOUND COMFORT at 765 support & discussion group meetings

97% OF CLASS ATTENDEES REPORT LEARNING SOMETHING NEW

167 EDUCATION CLASSES & WORKSHOPS

“KEEP UP THE GOOD WORK. YOUR HELP HAS BEEN INVALUABLE.”

“KEEP TIME: ALL OF OUR PROGRAMS ARE FREE OF CHARGE

1,863 people with dementia & their care partners at our

SOCIAL ACTIVITIES & OUTINGS

6,429 PEOPLE FOUND COMFORT at 765 support & discussion group meetings

1,594 people at 36 PROFESSIONAL TRAININGS, including 400 first responders

$0 COST: ALL OF OUR PROGRAMS ARE FREE OF CHARGE

450 PEOPLE at the annual Date With A Cure RESEARCH FORUM

13,412 volunteer hours, valued at $281,762

“KEEP UP THE GOOD WORK. YOUR HELP HAS BEEN INVALUABLE.”

“KEEP TIME: ALL OF OUR PROGRAMS ARE FREE OF CHARGE

1,863 people with dementia & their care partners at our

SOCIAL ACTIVITIES & OUTINGS

6,429 PEOPLE FOUND COMFORT at 765 support & discussion group meetings

1,594 people at 36 PROFESSIONAL TRAININGS, including 400 first responders

$0 COST: ALL OF OUR PROGRAMS ARE FREE OF CHARGE

450 PEOPLE at the annual Date With A Cure RESEARCH FORUM

13,412 volunteer hours, valued at $281,762
Nona Paul
Volunteer of the Year

Nona Paul has been volunteering with us for 24 years – donating thousands of hours of her time. She’s made an impact in many ways: serving as an ALZ Companion volunteer to give family caregivers a break, assisting at health fairs, doing community outreach and so much more.

Herb Schnall
Advocate of the Year

Herb Schnall, renowned book publisher, has been an Alzheimer’s advocate for decades. He was particularly influential in our formation as a local and independent organization. His late wife, Ann, volunteered with us for years and helped inspire Herb’s deep passion for the cause.

San Diego Gas & Electric
Community Partner of the Year

SDG&E has been a dedicated community partner over the years, with a strong showing at our annual Alzheimer’s walks. We are especially grateful for the leadership of Scott Drury, who came up with the idea for our successful new motorcycle fundraiser, Rides4ALZ.

2018 Financials

<table>
<thead>
<tr>
<th>Revenue &amp; Support</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Walk4ALZ &amp; Other Events:</td>
<td>$874,960</td>
</tr>
<tr>
<td>Grants:</td>
<td>$1,109,620</td>
</tr>
<tr>
<td>Donations:</td>
<td>$740,379</td>
</tr>
<tr>
<td>TOTAL:</td>
<td>$2,724,959</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Expenses:</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Family Support &amp; Education:</td>
<td>$1,851,064</td>
</tr>
<tr>
<td>Research Funding:</td>
<td>$213,000</td>
</tr>
<tr>
<td>Administration:</td>
<td>$219,216</td>
</tr>
<tr>
<td>Events:</td>
<td>$343,024</td>
</tr>
<tr>
<td>TOTAL:</td>
<td>$2,626,304</td>
</tr>
</tbody>
</table>

|www.alzsd.org|

Community Partners

- Alpine View Lodge
- A.M. Ortega
- Arthur N. Rupe Foundation
- Burns & McDonnell
- Cordoba Corporation
- County of San Diego
- Diamond Genesetong Corp.
- Dr. Weiss Foundation
- Exell Research
- GIS Surveyors
- Grossmont Healthcare District
- Hassenan Family Foundation
- Home Instead
- IREW #569
- ICON Utility Services
- Jewish Family Service
- Newland Communities
- PAR Electric
- Pacific Research Network
- Sharp Healthcare
- Stellar Care
- Southland Electric

Honoraries

- San Diego State University Research Foundation
- Shared Vision Charitable Foundation
- Sharp HealthCare
- Stellar Care
- Southland Electric

www.alzsd.org
858.492.4400

71% 13% 8% 27% 41%