

Social Activities Assistant Volunteer Position Description

Time Requirements: Minimum six-month commitment; approximately 10 hours per month

Reports to: Volunteer & Respite Program Manager

Responsibilities:

- Arrive 15 minutes prior to program start and greet all participants
- Assist with check-in and seating
- Provide assistance to care partners, participants and the program leader, as needed
- Engage actively with and validate participants
- Model activities and encourage participation with warmth and enthusiasm
- Role-model compassionate communication
- Practice patience and use humor
- Help participants build relationships with each other
- Learn who the participants are and alert staff to changes/absences
- Stay after program to assist with clean-up, breakdown, etc.

Skills & Qualifications:

- Treat the person living with dementia and their care partner with respect and dignity at all times
- Have a friendly, positive and professional demeanor
- Have the ability to work cooperatively with staff and volunteers
- Be reliable and flexible, and maintain a professional appearance

Requirements & Training:

- Background check (Alzheimer's San Diego expense)
- Complete paperwork
- Complete training program
- For those who have no prior dementia training, attendance is required at a minimum of one of the following Alzheimer's San Diego core classes (for those who have prior

training, attendance is encouraged):

- Communication Skills
- Memory Loss 101
- Understanding Personality & Behavior Changes

Attire:

- Business casual
- No jeans, shorts, flip-flops or casual T-shirts
- Exercise clothing is OK for Movement & Motion