

Articles

- Changing 'the tragedy narrative': Why a growing camp is promoting a more joyful approach to Alzheimer's (Washington Post, 2019):
https://www.washingtonpost.com/local/social-issues/changing-the-tragedy-narrative-why-a-growing-camp-is-promoting-a-joyful-approach-to-alzheimers/2019/02/21/2c4ed4f0-2244-11e9-81fd-b7b05d5bed90_story.html
- David Milch's Third Act (The New Yorker, 2019):
<https://www.newyorker.com/magazine/2019/05/27/david-milchs-third-act>
- Out of Time: The un-becoming of self (Harper's, 2018):
<https://harpers.org/archive/2018/03/out-of-time/>

Books (Alzheimer's, Dementia, Caregiving)

- *Caring for the People of the Clouds: Aging and Dementia in Oaxaca* (Jonathan Yahalom, 2019)
- *Creating a Rich and Meaningful Life in Long-Term Care: A Guide for Family Caregivers and Elder Care Professionals* (Mary Ann Konarzewski, 2017)
- *Dancing with Dementia: My Story of Living Positively with Dementia* (Christine Bryden, 2005)
- *Fighting for My Life: How to Thrive in the Shadow of Alzheimer's* (Jamie Tyrone & Noel Sabbagh, 2019)
- *I Still Enjoy a Good Laugh! A Guide for the Journey Through Alzheimer's Disease* (Sharon Gregoire, 2009)
- *I'm Still Here: A New Philosophy of Alzheimer's Care* (John Zeisel, 2009)
- *Keeping Love Alive as Memories Fade: The 5 Love Languages and the Alzheimer's Journey* (Gary Chapman, Edward Shaw & Debbie Barr, 2016)
- *Learning to Speak Alzheimer's: A Groundbreaking Approach for Everyone Dealing with the Disease* (Joanne Koenig Coste, 2003)
- *Living Your Best with Early-Stage Alzheimer's* (Lisa Snyder, 2010)
- *My Life Rearranged: Musings of an Alzheimer Caregiver* (Susan Miller, 2018)
- *My Stroke of Insight: A Brain Scientist's Personal Journey* (Jill Bolte Taylor, 2006)
- *On Vanishing: Mortality, Dementia, and What It Means to Disappear* (Lynn Casteel Harper, 2020)
- *Still Alice* (Lisa Genova, 2007)
- *Strengthen Your Mind: Activities for People with Early Memory Loss* (Kristen Einberger, 2006)
- *Ten Thousand Joys & Ten Thousand Sorrows: A Couple's Journey Through Alzheimer's* (Olivia Ames Hoblitzelle, 2010)
- *The 36-Hour Day: A Family Guide to caring for People with Alzheimer Disease, Other Dementias, and Memory Loss in Later Life* (Nancy Mace & Peter Rabins, 4th edition, 2006)

Books (Children's)

- *The Graduation of Jake Moon* (Barbara Park, 2000)
- *The Memory Box* (Mary Bahr, 1992)
- *Striped Shirts and Flowered Pants: A Story About Alzheimer's Disease for Young Children* (Barbara Schnurbush, 2006)

- *What's Happening to Grandpa?* (Maria Shriver, 2004)
- *Wilfrid Gordon McDonald Partridge* (Mem Fox, 1995)

Books (General Support, Well-Being, End of Life)

- *The Art of Dying Well: A Practical Guide to a Good End of Life* (Katy Butler, 2019)
- *Daring Greatly: How the Courage to Be Vulnerable Transforms the Way We Live, Love, Parent, and Lead* (Brené Brown, 2012)
- *Radical Acceptance: Embracing Your Life with the Heart of a Buddha* (Tara Brach, 2004)
- *Self-Compassion: The Proven Power of Being Kind to Yourself*, (Kristin Neff, 2011)

Blogs

- Alzheimer's San Diego: <https://www.alzsd.org/blog/>
- Alzheimer's Speaks (Lori La Bey): <https://alzheimersspeaks.wordpress.com/>
- Live Better With (Dementia): <https://dementia.livebetterwith.com/blogs/general>
- My Alzheimer's Story: <http://myalzheimersstory.com/>
- UsAgainstAlzheimer's: <https://www.usagainstalzheimer.org/blog>

Films

- Alzheimer's: A Love Story <https://www.imdb.com/title/tt4700860/>
- A Million Happy Nows: https://www.imdb.com/video/vi411546649?playlistId=tt4109632&ref=tt_ov_vi
- Cloudburst: <https://www.youtube.com/watch?v=U89Xb9j6beo>
- Love is Listening: Dementia Without Loneliness: <https://www.memorybridge.org/the-films/>
- Policy of Truth: https://www.imdb.com/title/tt3462010/?ref=fn_al_tt_2
- Still Alice: https://www.imdb.com/title/tt3316960/?ref=fn_al_tt_1
- Too Soon to Forget: The Journey of Younger Onset Alzheimer's Disease: <http://toosoonforget.net/>

Podcasts

- Alzheimer's Society (UK): United Against Dementia
- Alzheimer's Talks (UsAgainstAlzheimer's)

Videos

- Alzheimer's San Diego's YouTube Channel: <https://www.youtube.com/channel/UC6hFzL9SHB3pvm7tJia6xZq>
- How I'm Preparing to Get Alzheimer's Disease, Alanna Shaikh TED Talk (2012): https://www.ted.com/talks/alanna_shaikh_how_i_m_preparing_to_get_alzheimer_s?language=en
- How Storytelling Can Improve Dementia Care, Jay Newton-Small TED Talk (2017): <https://www.youtube.com/watch?v=8bhT4mdAW98>

- Prepare for a Good End of Life, Judy MacDonald Johnson TED Talk (2013): https://www.ted.com/talks/judy_macdonald_johnston_prepare_for_a_good_end_of_life?language=en

Misc

- Audible's "Immersion Reading" feature allows for simultaneous reading and narration, for improved engagement, comprehension, and retention that may be useful for a person living with dementia: <https://www.audible.com/ep/wfs>