



WHO WE ARE

Our organizations are independent, local nonprofits, serving Southern California families impacted by Alzheimer's through services and programs including care counseling, education, and support groups. Our families are part of the over 660,000 Californians living with Alzheimer's and their families. By 2025, projections indicate there will be 866,000, a 31% rise. Diverse communities will be disproportionately impacted by Alzheimer's disease (see graph). More than 1.6 million Californians provide unpaid care for a person with AD, which amounts to 1,849 million hours of care and has an estimated value of over \$24 billion in 2020. Many families have very little public support in addressing the caregiving challenges that grow as the disease progresses.

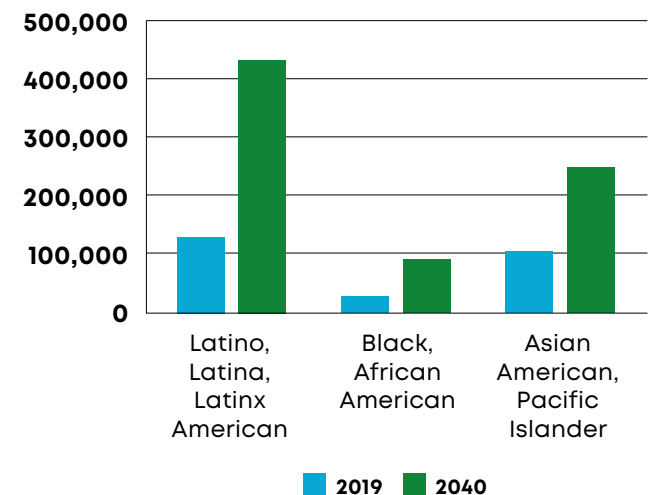
WHAT WE DO

Our organizations provide services in Southern California to people living with Alzheimer's and related disorders and their family caregivers. Our programs and services are free of charge and offered in multiple languages and include:

- Care counseling
- Activity programs
- Caregiver support groups
- Caregiver & community education

We also offer a wide variety of professional training – both in person and online. Alzheimer's Orange County also owns and operates two Adult Day Healthcare Centers, Acacia Adult Day Services and South County Adult Day Services, as well as Residential Care Facilities for the Elderly, Irvine Cottages.

Increase in Prevalence in Alzheimer's Disease in Diverse Communities



CARING FOR FAMILIES DURING A PANDEMIC

Our organizations have shifted all our services online – and even created new programs specifically tailored to provide support while social distancing including:

ONLINE SUPPORT & DISCUSSION GROUPS



Online support & discussion groups as well as specialized counseling for caregivers experiencing added stress, depression, anxiety, grief, and/or loss as a result of the pandemic

CARE COUNSELING



Consult with a Dementia Care Expert by phone or through video chat

ONLINE CAREGIVER EDUCATION & TRAINING



Offering interactive webinars as well as fact sheets for caregivers addressing the additional challenges of caring for a loved one during the pandemic

ONLINE ACTIVITY PROGRAMS



Opportunities for people living with dementia to participate remotely in programs such as music, calligraphy, and mindfulness classes

OUR ADVOCACY WORK

Our organizations work collaboratively to advocate at the local, state and federal levels for the programs and supports our families need.



OUR POLICY PRIORITIES

California must do a better job of addressing the needs of the growing number of people living with a dementia by:

EXPANDING ACCESS TO HOME & COMMUNITY-BASED SERVICES

Increase funding for critical programs such as:

- Adult Day Care Services (Community Based Adult Services & Alzheimer's Day Care Resource Centers)
- Community Care Management for Low Income Seniors (Multi-Purpose Senior Services Program)
- In-Home Supportive Services (IHSS)
- Caregiver Resource Centers (CRCs)



OUR POLICY PRIORITIES (CONT.)

SUPPORTING FAMILY CAREGIVERS

Expand access to:

- Caregiver support
- Caregiver education & skills training
- Respite

BUILDING A DEMENTIA CAPABLE WORKFORCE

Provide health care and long-term care workers with regular training on dementia and dementia care best practices.

ADDRESSING THE COST OF CARE

Alzheimer's disease is the most expensive disease with an average lifetime cost of over \$357,000.



4221 Wilshire Blvd, Ste 400
Los Angeles, CA 90010
844.HELP.ALZ (844.435.7259)
help@alzheimersla.org
AlzheimersLA.org



2515 McCabe Way, Suite 200
Irvine, CA 92614
949.955.9000 • helpline: 844.435.7259
alzoc.org

South County Adult Day Services

24260 El Toro Road
Laguna Woods, CA 92637
949.855.9444 • ocseniors.org

Acacia Adult Day Services

11391 Acacia Pkwy
Garden Grove, CA 92840
714.530.1566 • acacia-services.org



6632 Convoy Court
San Diego, CA 92111
848.492.4400 • fax: 858.492.4406
info@alzsd.org
alzsd.org