WHO WE ARE

Our organizations are independent, local nonprofits, serving Southern California families impacted by Alzheimer’s through services and programs including care counseling, education, and support groups. Our families are part of the over 660,000 Californians living with Alzheimer’s and their families. By 2025, projections indicate there will be 866,000, a 31% rise. Diverse communities will be disproportionately impacted by Alzheimer’s disease (see graph). More than 1.6 million Californians provide unpaid care for a person with AD, which amounts to 1,849 million hours of care and has an estimated value of over $24 billion in 2020. Many families have very little public support in addressing the caregiving challenges that grow as the disease progresses.

WHAT WE DO

Our organizations provide services in Southern California to people living with Alzheimer’s and related disorders and their family caregivers. Our programs and services are free of charge and offered in multiple languages and include:

- Care counseling
- Caregiver support groups
- Activity programs
- Caregiver & community education

We also offer a wide variety of professional training – both in person and online. Alzheimer’s Orange County also owns and operates two Adult Day Healthcare Centers, Acacia Adult Day Services and South County Adult Day Services, as well as Residential Care Facilities for the Elderly, Irvine Cottages.
CARING FOR FAMILIES DURING A PANDEMIC

Our organizations have shifted all our services online – and even created new programs specifically tailored to provide support while social distancing including:

ONLINE SUPPORT & DISCUSSION GROUPS

Online support & discussion groups as well as specialized counseling for caregivers experiencing added stress, depression, anxiety, grief, and/or loss as a result of the pandemic

CARE COUNSELING

Consult with a Dementia Care Expert by phone or through video chat

ONLINE CAREGIVER EDUCATION & TRAINING

Offering interactive webinars as well as fact sheets for caregivers addressing the additional challenges of caring for a loved one during the pandemic

ONLINE ACTIVITY PROGRAMS

Opportunities for people living with dementia to participate remotely in programs such as music, calligraphy, and mindfulness classes

OUR ADVOCACY WORK

Our organizations work collaboratively to advocate at the local, state and federal levels for the programs and supports our families need.

OUR POLICY PRIORITIES

California must do a better job of addressing the needs of the growing number of people living with a dementia by:

EXPANDING ACCESS TO HOME & COMMUNITY-BASED SERVICES

Increase funding for critical programs such as:

- Adult Day Care Services (Community Based Adult Services & Alzheimer’s Day Care Resource Centers)
- Community Care Management for Low Income Seniors (Multi-Purpose Senior Services Program)
- In-Home Supportive Services (IHSS)
- Caregiver Resource Centers (CRCs)
OUR POLICY PRIORITIES (CONT.)

SUPPORTING FAMILY CAREGIVERS
Expand access to:
- Caregiver support
- Caregiver education & skills training
- Respite

BUILDING A DEMENTIA CAPABLE WORKFORCE
Provide health care and long-term care workers with regular training on dementia and dementia care best practices.

ADDRESSING THE COST OF CARE
Alzheimer’s disease is the most expensive disease with an average lifetime cost of over $357,000.