

Youth Alzheimer's Ambassador Position Description

Time Commitment: 6-9 months; hours will vary

Reports to: Youth Alzheimer's Ambassador Coordinator – youthambassadors@alzsd.org
Director of Volunteer Programs – amccollum@alzsd.org

Status: Unpaid

General Summary:

High school students will serve as youth representatives for Alzheimer's San Diego to learn more about Alzheimer's disease and related dementias; raise awareness about Alzheimer's San Diego and general disease information; promote the organization; support organizational events and fundraisers; and engage in advocacy efforts to effect changes in local and national legislation.

Activities (Youth Ambassadors pick what works for them; not all are required):

1. Learn about Alzheimer's disease and related dementias
 - a. Attend Youth Ambassador meetings (approximately every six weeks)
 - b. Pursue research projects and present to Alzheimer's San Diego staff or fellow Youth Ambassadors
 - c. Complete [core training video](#) or [volunteer training workbook](#)
 - d. Interview an Alzheimer's San Diego [staff member](#) to learn more about their job, their education, and the work they do
2. Raise awareness about [Alzheimer's San Diego](#) and Alzheimer's disease & related dementias
 - a. When Alzheimer's San Diego posts a message about an upcoming class, event, important information, etc., ambassadors will share it on their personal social media platforms (@AlzheimersSD on all platforms)
 - b. Make original TikTok videos, Instagram stories, etc.

3. Support Alzheimer's San Diego events, such as [Walk4ALZ](#) and [Rides4ALZ](#)
 - a. Volunteer in person
 - b. Volunteer virtually
 - i. Make calls/register participants
 - ii. Make videos
 - c. Repost/retweet event information on social media
 - d. Post/tweet new content on social media
 - e. Fundraise, for example:
 - i. [Facebook Fundraiser](#)
 - ii. [Instagram Stories](#)
 - iii. Form a Walk4ALZ team
 - iv. Sell something during a club day
 - v. Coordinate with ASB to set up a fundraiser
4. Engage and influence local policy makers
 - a. Research dementia-related bills
 - b. Look up who the elected officials are and learn about their voting records
 - c. Contact elected officials about why they should vote in favor for dementia-related bills (or against bills, where appropriate)
 - d. Write letters to legislators
5. Host talks/meetings at school or present to classes
 - a. PowerPoint presentation created by Alzheimer's San Diego
 - i. Presentation with narration
 - ii. Presentation with script/talking points
 - b. Materials provided by Alzheimer's San Diego (soft or hard copies)
6. Create a club at school or a challenge poster
7. Brainstorm additional ways to support Alzheimer's San Diego

To receive credit for any hours served, Youth Ambassadors must do the following:

1. Submit online [volunteer application](#)
2. Log hours on [Volunteer Information Center \(VIC\)](#) once application has been received and password has been created