

Social Activities Assistant Volunteer Position Description

Time Requirements: Minimum six-month commitment; approximately 10 hours per month

Reports to: Director of Social Programs & Volunteers

Responsibilities:

- Arrive 15 minutes prior to program start and greet all participants
 - Assist with check-in and seating
 - Provide assistance to care partners, participants and the program leader, as needed
 - Engage actively with and validate participants
 - Model activities and encourage participation with warmth and enthusiasm
 - Role-model compassionate communication
 - Practice patience and use humor
 - Help participants build relationships with each other
 - Learn who the participants are and alert staff to changes/absences
- Stay after program to assist with clean-up, breakdown, etc.

Skills & Qualifications:

- Treat the person living with dementia and their care partner with respect and dignity at all times
- Have a friendly, positive and professional demeanor
- Have the ability to work cooperatively with staff and volunteers
- Be reliable and flexible, and maintain a professional appearance

Requirements & Training:

- Vaccinated against Covid-19
- Background check (Alzheimer's San Diego expense)
- Complete paperwork
- Complete training program



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- For those who have no prior dementia training, attendance is required at a minimum of one of the following Alzheimer's San Diego core classes (for those who have prior training, attendance is encouraged):
 - Communication Skills
 - Dementia 101
 - Coping with Personality & Behavior Changes

Attire:

- Business casual
- No jeans, shorts, flip-flops, or casual T-shirts
- Exercise clothing is acceptable for Movement & Motion