



Are you a **care partner** for a person
with memory problems?

Do you have **difficulties sleeping**?

Study activities include:

- An initial health and sleep evaluation
- 5 education sessions provided by a sleep educator
- 2 follow-up evaluations
- Optional collection of blood samples from care partners only

Compensation up to \$450 for care partners and \$300 for care-receivers

This is NOT a medication study. You will not be asked to stop or begin taking
any new medication.

CONTACT US

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