

ALZ Ally Volunteer Position Description

Time Requirements: Minimum 3 hours per month

Minimum Age Requirement: Must be 18 years old or older

Reports to: Supportive Services Specialist

Status: Unpaid

General Summary:

ALZ Ally volunteers can assist with food bank deliveries, in-home friendly visits, or potentially friendly visits that may include transportation if both client and volunteer are interested. Volunteers may choose one or both areas in which to assist, and this is a supplement to the social check-in calls ALZ Ally clients receive from phone-based ALZ Ally volunteers. ALZ Ally clients are individuals with dementia who live alone and rely on such critical supports.

Responsibilities:

- Follow policies and procedures set forth by Alzheimer's San Diego
- Maintain professionalism and reliability, recognizing volunteers represent Alzheimer's San Diego to the community
- Provide either Food Bank deliveries and/or friendly visits for ALZ Ally clients
- Food Bank deliveries: pick up food from Alzheimer's San Diego office and deliver to homes of clients (1-3 per shift on average)
- Friendly visits: drive to the home of the client for a 30-90 minute social check-in visit. Some volunteers may be eligible to provide transportation for outings.
- Maintain appropriate boundaries and provide only pre-approved services
- Be warm and friendly with the clients, reading their cues as to whether they would like to engage in conversation
- Perform responsibilities safely, adhering to all California driver laws
- Stay alert to changes in the condition of the client; notify staff immediately if there are any concerns or issues
- Have the ability to identify an emergency situation and know when to contact the proper authorities, such as 911 or Alzheimer's San Diego staff



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- Submit volunteer report within 24 hours of service
- Regularly communicate with Alzheimer's San Diego staff

Skills & Qualifications:

- Caring, patient, and compassionate
- Ability to respond to an emergency situation without panic
- Experience working with persons with dementia a plus, but not required

Requirements & Training:

- Background screening (Alzheimer's San Diego expense)
- Complete paperwork
- Complete training program

***If providing transportation, additional requirements:**

- Valid U.S. driver license + 2 years driving experience
- Current vehicle registration
- Current car insurance
- DMV check
- Have reliable, insured vehicle
- Clean DMV record and safe driving skills
- Must be able to follow map directions